

The weather is getting cooler and that can only mean that Fall is just around the corner! The changing leaves and colorful sunsets create the perfect backdrop for evaluating our priorities and finding new positive ways to fill our time. September should be filled with goal-setting and fresh starts. Check out some ideas and activities you can do this month to accomplish new goals and pick up some new hobbies along the way.

September 22nd is the First Day of Fall!



64 Fun Fall Activities to Get You Through the Season

With its clear, cool, humidity-free days, gorgeous golden palette and emphasis on eating all the baked goods, fall (or autumn if we're being fancy) is unequivocally, indisputably the greatest season ever. (Sorry, summer lovers.) The unbearable hot days are behind us and there is plenty to look forward to-from Halloween candy to Thanksgiving turkey.

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National Grandparents Day



NATIONAL GRANDPARENTS DAY - Sunday After Labor Day

On the Sunday following Labor Day, National Grandparents Day honors the love only grandparents can provide. Grandparents and their grandchildren share a special bond. These hugging, caring and patient people in the lives of children offer more than a generous dose of love. Grandparents provide an abundance of wisdom.

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Start off the season with a hearty bowl of soup!

Italian Sausage Soup

Ingredients

- 1 lb ground Italian sausage
- 1/2 cup diced onion
- 1/2 cup diced red pepper
- 2 tsp minced garlic
- 2 tbsp butter
- 2 tbsp flour
- 6 cups chicken broth
- 12 oz Reames Frozen Egg Noodles
- 2 cups half-n-half cream
- 3 cups baby spinach
- 1/2 tsp black pepper
- 1/2 cup shredded parmesan cheese



Click here for the full recipe

Ovarian Cancer Awareness Month

"It is estimated by the World Health Organization IARC department that there are over



238,000 new cases diagnosed annually and nearly 152,000 deaths worldwide." Click the link below to learn more.

Click Here

Tell Us Your Story

Visit our Donor Tribute Page to read the beautiful memorials left by our past and future donors as well as by the family members of those who have donated. We provide this service as a way to continually honor and remember all the loved ones who have made a difference in the lives of many through our donation program.



"Rodney Lee Kolar was my husband and best friend. He is survived by his wife Rachel Lanza Kolar and sons Alexander, Matthew, David. Also, his is brothers Dean and Michael. He was kind and had a good sense of humor. He was intelligent and loved technology. He also studied the Bible and knew it well. He is dearly missed by all who loved him. He was Christian and loved the Lord but was not religious. I started to get to know him in 2006. We married on March 30, 2018. I'm so grateful and thankful to have had him in my life. He was the love of my life. He's always with me as I carry him in my heart. I think of him every day and night. I'll be reunited with him one day and I know we will never have to part. The world was a better place with him in it."



The Facts

You do not have to be pre-registered to be a whole-body donor.

Often times, the decision is made by the family of a loved one who is close to passing or who has already passed.

www.unitedtissue.org



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The best way to help us spread the word about United Tissue Network is to leave a positive review about our services. Help us educate others about our services and spread the word!













Sent by donor info @united tissue.org in collaboration with

