

January 2021



UTN
UNITED TISSUE NETWORK

Happy New Year!

While the last year has brought countless challenges for many of us, I think there is always something refreshing and almost exciting about the promise of a new year.

January has become a symbol of sorts for 'starting over', making goals, second chances and moving forward. It's impossible to not feel some sense of life evaluation during this time of year. Here at United Tissue Network we are also working hard at setting goals throughout our organization. We are passionate about what we do and we are constantly trying to find ways to do our jobs better, so we can serve our donors and their families the best that we can. These goals will help serve as our compass to keep us on the right track as we navigate our path through the next year.

We could not be more excited to move forward into this new year and take on these new goals for our organization.

We wish everyone this same good fortune as you do your own goal setting in the new year. Set goals that excite you. Set goals that will make your life better.

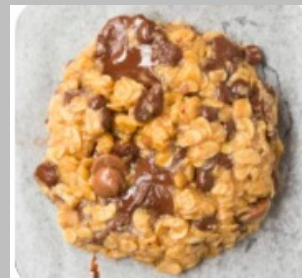
We wish you a WONDERFUL 2021!

Setting resolutions for different stages in life

Resolutions and goals tend to have a different tenor when we are younger.

Getting in shape, saving money, travel: these all tend to be included on a young persons to-do list when it comes to setting goals for the future. But as we age, our priorities change and so do our goals. Check out this article for some great ideas on how your resolutions this year can best reflect whatever stage you're at in your life.

[Read the Article](#)



3-Ingredient Breakfast Cookies

These cookies only have 4 ingredients, are SUPER easy to make and literally make it acceptable for you to eat cookies for breakfast :)

These cookies are delicious and the ingredients can be easily swapped out to accomodate food allergies.

Ingredients

- 2 cups Rolled or Old Fashioned oats
- 1/2 cup Peanut Butter

“
Yesterday I
was clever, so
I wanted to
change the world.
Today I am wise,
so I am changing
myself.

Rumi

GH

- 3 large over ripe Bananas
- 1/4 cup Chocolate Chips (or any other type of chips/mix-ins of your choosing)

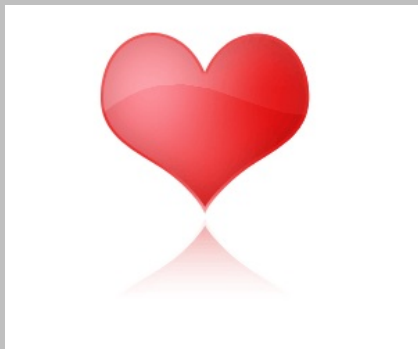
Directions

1. Preheat oven to 350 degrees F.
2. Mix all ingredients into a large mixing bowl. Mix well. Stir in chocolate chips or mix-in of your choice last.
3. Press mix into cookie shape and bake on a cookie sheet for 10-12 minutes or until golden brown on edges.
4. Allow cookies to cool for 10 minutes before transferring to wire rack to cool or enjoying. Cookies can be frozen or eaten immediately! <3

Donor Tribute

"My mother was ways a giving person. She would [literally] give and give and give even though what she had was very little to give. While cleaning out her apartment after she passed I found a box labeled "gifts for family" that had dolls, electronics, toys etc for her grandkids. While closing her bank accounts it was found that she had automatic payments coming out from various nonprofit and Christian organizations. So it seems very fitting and within her character to be an organ and tissue donor. I know even if she could help one person through her donation or help some advancement in procedures or technology she'd be grateful."

-From Jarod P.



Tell Us Your Story!



Visit our Donor Tribute Page to read the beautiful memorials left by our past and future donors as well as by the family members of those who have donated. We provide this service as a way to continually honor and remember all the loved ones who have made a difference in the lives of many through our donation program.

[Donor Tributes](#)

Help us spread the word about our mission!

The best way to help us spread the word about United Tissue Network is to leave a positive review about our services. Help us educate others about our services and spread the word!

[Google](#)

[Facebook](#)



Check us out on Facebook and Twitter!