



UTN
UNITED TISSUE NETWORK

The weather is getting cooler and that can only mean that Fall is just around the corner! The changing leaves and colorful sunsets create the perfect backdrop for evaluating our priorities and finding new positive ways to fill our time. September should be filled with goal-setting and fresh starts. Check out some ideas and activities you can do this month to accomplish new goals and pick up some new hobbies along the way.

What do you want to accomplish most?

As we move through life it's important to constantly re-evaluate our priorities and set goals for ourselves. Check out the article below for 20 ideas to help you set and accomplish the things you want to do most in life.

[Read the Article](#)



Donor Tribute

"My mother was an amazing lady. She donated platelets as often as she could for 18 years. She fostered many sick and injured cats and dogs for the Humane Society. She donated monthly to many worthwhile charities. She



Nothing says "Fall" better than Pumpkin Bread!

Try this EASY recipe for moist and delicious pumpkin bread that is perfect for a treat any day of the week.

Ingredients

- 1 can (1 lb) Pumpkin
- 2 Eggs
- 3/4 Cup of Butter
- 2 Cups White Sugar
- 1 tsp Ground Cinnamon
- 1 tsp Ground Nutmeg
- 1 tsp Ground Cloves
- 1 tsp Baking Soda
- 1/2 tsp Baking Powder
- 1/2 tsp Salt
- 2 cups Unsifted All-purpose Flour

Directions

1. Lightly grease two 9X9X3 loaf pans and pre-heat oven to 325 degrees

and I had spoken often about her end of life plans, she wanted to donate her organs to help as many as possible. Unfortunately, at the end, the cancer had spread through her body. I know she and I hope that some cure can be found by her final donation. In loving memory forever.”

-Ericka S.



2. Sift flour with salt, baking powder, soda and spices; set aside
3. In large bowl or electric mixer, at medium speed, beat sugar with butter until blended. Add eggs, one at a time, beating well after each addition; continue beating until very light and fluffy, then beat in pumpkin.
4. At low speed, combine dry ingredients with the pumpkin mix until well combined.
5. Pour mixture into greased bread pan.
6. Bake at 325 degrees for 65-70 minutes
7. Let cool for about 10 minutes

De-clutter your home with some "Fall" Cleaning

Fall is the perfect time to focus on decluttering your space. It can be overwhelming to take on a big project all at once, so read this article to learn some new techniques to clean and organize one space at a time.

Guide to "Fall"
Cleaning



Share Your Memories

Donor Tribute Page



Visit our Donor Tribute Page to read the beautiful memorials left by our past and future donors as well as by the family members of those who have donated. We provide this service as a way to continually honor and remember all the loved ones who have made a difference in the lives of many through our donation program.

[Donor Tributes](#)



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