



UTN
UNITED TISSUE NETWORK

As the year winds down to a close we are all relieved to see steps in the right direction of improvement out in the world. October is a month of friends, pumpkins, and colorful leaves and we are all anxious and ready to enjoy these things together. Warm drinks and family time will be a nice break from the chaos of our lives as we get ready for the Holiday season, just around the corner.

Looking for something to do this October?

As the weather cools down and the world starts to open back up, it's time to start making plans to spend time with family, and reconnect with the world around us. If you're looking for some ideas to do this month, check out the article below for 55 October activities.

[Read the Article](#)



Donor Tribute

“Jean was an amazing woman who loved her family, friends and country. She was a strong and independent woman, yet was always helping others. Donating her body for science came as no surprise to anyone who knew her. It just



Copycat "Pumpkin Spice Latte"

Do you love your pumpkin spice latte but hate the price? Try this EASY recipe at home that only takes 5 minutes to whip up!

Ingredients

- 1 c. whole milk
- 2 tbsp pumpkin puree
- 1 tbsp maple syrup
- 1/2 tsp pumpkin pie spice, plus a little more for garnish
- 1 tsp pure vanilla extract
- 1/4 c. hot espresso or coffee
- Whipped cream, for garnish

Directions

1. In a saucepan over medium heat, whisk together milk, pumpkin, maple syrup, spice, and vanilla extract. Cook,

seemed to be the natural thing for her to do."

-Pamela P.



whisking constantly, until mixture is warmed, then blend mixture with an immersion blender until frothy.

2. Pour hot espresso into a mug, then top with pumpkin-spice foamed milk. Top with whipped cream and a sprinkle of pumpkin pie spice.

National Breast Cancer Awareness Month: #Together

Join United Tissue Network as we observe **National Breast Cancer Awareness month**. This is a cancer that affects many of us either directly and indirectly at some point in our lifetime. The slogan for this years campaign "#together" calls for a unifying front to combat this cancer. With everyone's support and vow to work together, we can become a force "to get her" access to the care she needs.



[Click Here to Learn More!](#)

Share Your Memories

Donor Tributes



Visit our Donor Tribute Page to read the beautiful memorials left by our past and future donors as well as by the family members of those who have donated. We provide this service as a way to continually honor and remember all the loved ones who have made a difference in the lives of many through our donation program.

[Donor Tributes](#)



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