



Hello Ashley,

Happy New Year! We are excited for 2019 and what it will bring! Need some ideas and motivation for a New Year's Resolution? Get some ideas [here](#).

Did you know that January is National Blood Donor Month? Not only does donating blood help save lives it's also good for donors! According to The American Journal of Epidemiology they've reported 88 percent of donors are less likely to have a heart attack! Make sure you find a donation center near you and donate!

**Donor Highlight:** We would like to highlight how a single donor can make a lasting impact with their gift of donation. One donor was able to contribute to 5 different projects spanning from Tampa, FL to Istanbul, Turkey. These programs were:

1. A University course that focuses on the study of the sinuses and neurosurgery
2. Research related to carpal tunnel pressure and tendon strain in the wrists
3. Surgical knee training
4. Surgical foot and ankle training
5. Surgical rotator cuff training

One person can truly make a difference! Make sure to follow these hashtag to stay connected! #TopicTuesday #UnitedTissueNetwork #MakeADifferenceToday



### News Update:

Last month UTN's staff members attended the Annual Nicole Jarvis Parkinson's Gala to show their support for Parkinson's Research.

It's an annual Gala that UTN attends to help raise awareness and funds towards the research.

### Upcoming Events:

The City of Norman will be holding a ribbon cutting ceremony for our new main office in N Flood Ave on January 15, 2018.

We are glad to continuously grow as a company and honored to be recognized by The City of Norman